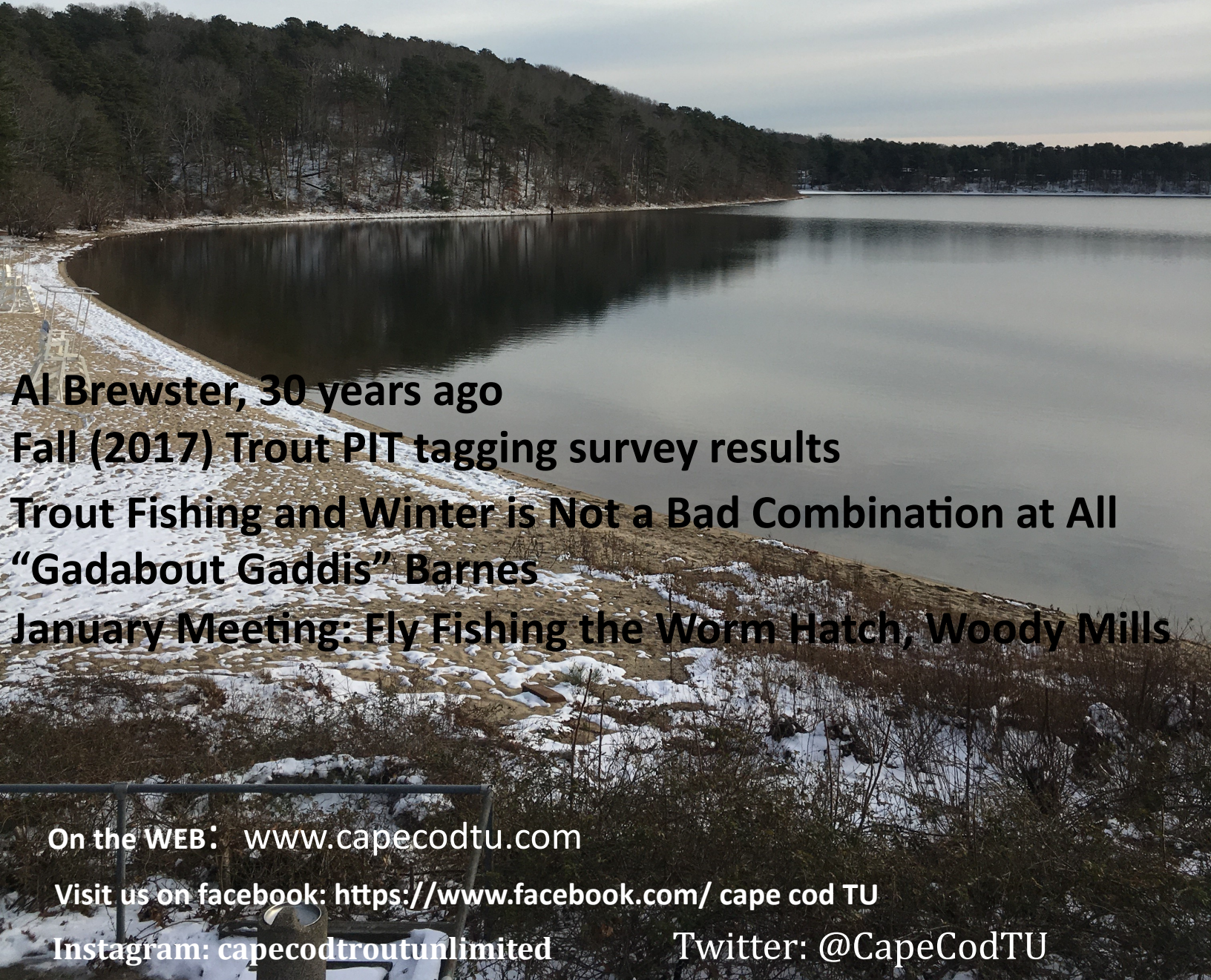


# THE ROLLCAST

The eNews Letter of Cape Cod T U Chapter 460

January 2018



**Al Brewster, 30 years ago**  
**Fall (2017) Trout PIT tagging survey results**  
**Trout Fishing and Winter is Not a Bad Combination at All**  
**“Gadabout Gaddis” Barnes**  
**January Meeting: Fly Fishing the Worm Hatch, Woody Mills**

On the WEB: [www.capecodtu.com](http://www.capecodtu.com)

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## **President's Message**

Here is to a happy and prosperous New Year! What will 2018 bring? Time will only tell. But we can certainly influence many of the outcomes by being proactive and setting some goals. I certainly will be doing that on a personal level; moreover, with input from you all, the Board of Directors will be laying out this year's agenda that will help us all grow. Active participation in CCTU programs will help us grow as fisherman by the sharing of knowledge and attending our excellent speaker presentations, as conservationists and good environmental stewards by tending to our local rivers and bays, and as a chapter by being visible, productive, and making an impact in our local communities. Hope you will all join us in this journey.

Congrats to all the new officers and board members. At the December Party (and elections), several changes and additions were made. Robbie Mazzoli is now our Vice President and Mike Howard is taking on the challenge as Secretary. Pat Grenier and Bret Bokelkamp moved from those respective officer positions to the Board of Directors. Finally, Jim Driscoll and Steve Williamson are stepping down from the Board to pursue other challenges, but I anticipate that they will still play a role in our chapter's success. Thank you all for your volunteerism.

An excellent Christmas/Holiday Party was enjoyed. Peter Schilling and Robbie Mazzoli did most of the heavy lifting by providing all the food and drink. Thank you Peter and Robbie! Mrs. Driscoll provided additional desserts. Pat Grenier, Scott Dietrich, Ted Patlen, and Steve Williamson deserve kudos for manning the fly tying demonstration tables, running the rod raffle, and the selling of tying materials and books. This event generated over \$600 for chapter programs. Lastly, I would like to thank you all for the Toys-for-Tots gifts. Dan Tobin can attest that CCTU collected and donated many gifts since he volunteered to transfer them for distribution. Again, thank you all for being so generous.

On tap for January is our monthly chapter meeting (10 Jan) featuring Woody Mills. He will give us his insights and techniques on the "Worm Hatch" that occurs each spring in our local estuaries. We have Fly Tying Nights scheduled for the last 3 Wednesdays of the month (17, 24, and 31 Jan). Finally, we will continue our work on the Quashnet River on 21 Jan. Lots of opportunities are on the calendar to share in the chapter camaraderie. And if that is not enough, some of us will be making a group push up to Marlborough for the annual Fly Fishing Show.

I am looking forward to lots of fishing and fun opportunities in 2018. Have a happy New Year and see you soon.

Tim Lynch

CP 508-274-0936

[tinylynch@comcast.net](mailto:tinylynch@comcast.net) or [cctuflyfish@comcast.net](mailto:cctuflyfish@comcast.net)



## *Random Casts* for January 2018

**Gossip, News, B.S. & Assorted Twaddle from Red & the Staff of Random!**

*New and archived Rollcast's can be read at the CCTU website: [CAPECODTU.org](http://CAPECODTU.org)*

**Cover Photo:** Peters Pond Sandwich December 17th



# Upcoming Events

## January Meeting: Wednesday January 10th at Liberty Hall. 6:00pm

Our next meeting will be held on Wednesday January 10th.

**Fly Fishing The Worm Hatch** by Woody Mills

See details further in the Rollcast

## Quashnet River Workday: Sunday January 21st

**Sunday January 21st** We'll be meeting at the Martin Road gate at 9:00AM. Come on down and join the gang as we continue to work to improve the habitat for wild native brook trout in this river. The work to preserve wild fish is very important here on Cape Cod!

### Upcoming/Scheduled Quashnet River Workdays:

January 21

February 18

March 18

**The 2018 CCTU Spring Banquet** will be held at Swans River Restaurant in Dennisport on **Sunday April 15th**. Further details will be posted as we get closer to the date. If anyone has any donations for the 2018 banquet they should contact Bret Bokelkamp at "[flyfishinsalt@icloud.com](mailto:flyfishinsalt@icloud.com)" or call [617-898-8960](tel:617-898-8960).

## Santuit River work with the Sea Run Brook Trout Coalition:

No dates have been scheduled yet for the next outing on the Santuit.

### Contact

Justin Fleming

603 365-5977

[justin@searunbrookie.org](mailto:justin@searunbrookie.org)



## Upcoming Events continued...

### 2018 CCTU trip to the Catskills

We are planning on the week of June 2-9. Rooms book up fast. If you're considering going, reserve your room right away.

Riverside Café and Lodge in Roscoe. [607-498-5305](tel:607-498-5305).

### RED BROOK Workdays:

First Saturday of the month workdays are held on the 1st Saturday of the month meet @ the Lyman Re-serve parking lot, Head of the Bay Road in Wareham 9am-ish. Those of you who cannot make the Quashnet Workday due to it being held on Sunday can get your conservation "fix" on a Saturday! This project is an ongoing MA/RI Council conservation project staffed mainly by Southeastern MA TUer's. Red Brook info? Warren "Windknot" Winders @ 781-878-1074. CCTU-ers! It is highly recommended that you call the "Windknot" before trekking all the way to Red Brook.

### Winter Fly Tying Nights: 2018 Dates are in! Bring a friend.

The CCTU fly tying nights will start in January. If you have never tied a fly before or have been tying for many years come out and join in. There is no cost for this and equipment and materials are available if needed. Tying will be from 6:00pm to 8:00pm or even later if there's interest to stay. These events will be held at Liberty Hall on the 3rd and 4th Wednesdays of the month starting in January: **January 17th, 24<sup>th</sup>, \*31st** February 21th, 28th March 21st, 28th.

### Fly Fishing School: Spread the word!

The 2018 date for Our annual CCTU Fly Fishing School has been announced. It will be held at the Oak Crest Lodge in Sandwich from Friday May 4th to Sunday 6th. This is our great school that includes lodging and meals with the same low price. Look for more details ahead and think about someone that you might know that would really enjoy learning to fly fish at this school. **May 4th, 5th, and 6th 2018**



# TROUT UNLIMITED

CONSERVING, PROTECTING AND RESTORING NORTH AMERICA'S COLDWATER FISHERIES AND THEIR WATERSHEDS

## Upcoming Events continued...

**2017 CCTU Pond Challenge :** \*\*\* The winner is ????? \*\*\*

**Rules:**

1. How many different Cape Cod Ponds can you catch at least 1 Trout? (1 point)
2. Catch a Trout while fishing with a TU friend? (1 bonus point)
3. Catch a Trout while fishing with a friend who then joins CCTU? (2 bonus points)
4. Challenge ends 31 Dec 2017; Pat Grenier is POC and will collect all entries.
5. Winner/Award Ceremony will be at January 2018 meeting. Happy fishing!



**TROUT UNLIMITED**

CONSERVING, PROTECTING AND RESTORING NORTH AMERICA'S COLDWATER FISHERIES AND THEIR WATERSHEDS



# Conservation Corner

**Fall (2017) Trout PIT tagging Surveys conducted by Steve Hurley and his crew.**

River	Dates	Total	Young of	Adults	Recaptures	Newly	Length Range mm	YOY Length	Length/
		Catch	Year			Tagged			inches
Childs	9/14/2017	39	21	18	8	29	74-258	119-140	2.9-10.2
Coonamessett	9/19/2017	26	8	18	3	23	116-368	116-136	4.6-14.5
Quashnet	09/21,15&26 and 10/4	228	73	155	64	149	62-385	62-116	2.4-15.2
Red Brook	09/27&28/2017	233	110	123	30	123	50-354	50-107	2-13.9
Santuit River	9/29/2017	16	0	16	15	1	165-280		6.5-11
	Total	542	212	330	120	325	50-368		

**Steve Hurley**

Southeast District Fisheries Manager

Massachusetts Division of Fisheries & Wildlife

195 Bournedale Road, Buzzards Bay, MA 02532

## 2018 CCTU trip to the Catskills

We are planning on the week of June 2-9. The weekends are usually a mob scene so most people go up for 3-5 days during the weekdays. We will be staying at the Riverside Café and Lodge in Roscoe. They have small cabins and motel rooms. They informed me that they would begin to take reservations for next season after January 1. The first week in June is very popular and rooms book up fast so people should make their reservation as soon as possible. The phone number for the Riverside is [607-498-5305](tel:607-498-5305).

Wayne Miller  
[wamdoc@verizon.net](mailto:wamdoc@verizon.net)





# Trout Fishing and Winter is Not a Bad Combination at All

**By Ted Patlen**

(editor's note: We know Ted hasn't lived in NJ for several years now. However, this text is undoubtedly relevant to the entire Northeast. It can be used as a guide for fishing the Swift river as well as the various tributary's here on Cape Cod.)

Medium to stiff wind, air temperatures in the upper 30's, bright midday sunshine, and clear running 39degree stream water; beautiful conditions for a few hours of mid winter trout fishing .

When the bug hits you, the "I just got to get out and fish even though I'll freeze my buns off" bug, take the plunge and hit the river. All you really need to remember is that it is not summer and the fishing will be different but the nature of the sport is the same .

Grammar school science taught us about metabolism and how it affects animals. Trout are cold-blooded animals so their metabolic rate slows down towards both ends of their natural temperature range. They do not need to feed as much because they are not as active. They become extremely efficient about food intake and expending energy. This physical/physiological slow down prompts them to find a softer, quieter environment. They still need food, oxygen and shelter, just as they do during the other months of the year and will position themselves in such places where there is easy access to all three. During the summer trout will station themselves at various locations that have all three of these essentials. Fast flowing riffles, and boulder strewn pocket water are just two of the many places that the summer fish feel comfortable in but during the winter these spots are normally void of fish simply because they cause trout to expend too much energy to hold in these lies. Slower pools and lazy runs just down stream from the aforementioned spots are prime locations to find winter trout. The deeper pools give them their likely shelter while they are just a tilt of a fin away from the food chain.

How much do they eat during the winter, and when does this major feeding period occur? How long does it last? The need for nourishment diminishes with their metabolism, but they still need to eat. There are a few factors that affect the feeding habits of winter trout, but the most important concerns water temperature. Fluctuating temperatures caused by passing fronts will cause the fish to vary their feeding patterns, so look for consistent weather patterns. After one to three days of consistent weather you can expect a better than

average feeding period .The durations of this feeding time differ from, and these times are approximate, one hour to four hours, and I have already found feeding fish, during a February thaw, which lasted almost six hours. I have also seen the feeding stop abruptly when cloud cover rolls in.

A rise of water temperature of 1 to 3 degrees will often ignite this event. Most of the time this will occur during the middle of a sunny afternoon. Think of it, sleep late, eat a relaxed proper breakfast, leisurely drive to the river, fish all afternoon and be back home for a refreshing supper at a human time. Very tasteful and distinguished *fishing* indeed !

The river that you select is also an important factor. Pick a stream that harbors a good number of wild trout or holdover fish. You do want to catch a fish or two so a healthy river gives you a much better chance .

How do you fish the river? Remember that this is not fast paced fishing. Because the trout are lethargic a more persistent approach proves to be more efficient. A basic rule of thumb is to fish slowly and methodically. I don't care what fly you choose, any of the standard patterns will suffice, but it is necessary to put the fly in front of the trout at the speed that they're expecting their food to be moving at. Your chances of hooking fish will improve significantly. Fish the fly how you feel. If it's cold and the water is off color slow down the pace of the fly. Trout are inherently lazy creatures to begin with and will not expend unnecessary energy, especially so during their inactive times. If conditions are better and insect activity occurs, and this is not an uncommon affair, then you can change your approach slightly. There are too many variables to contend with and to list them all would be foolish, but to re-iterate, the closer you get the fly to the fish and it is presented at the appropriate speed, the better your chance to catch a winter trout ,

I've caught trout during the winter on the same flies that I've fished during the summer. Size, color and style of pattern are purely a person's whim. Over the past 40 or so years I've learned that presentation and fly speed are much more important. Experiment and you'll be happily surprised. Of course there are times when you need to match something that is smaller than a mosquito's pecker but most times a fly, let's just say a standard pattern in "average" size will work if the presentation is first-class .

I live in New Jersey and we are blessed with a lot more trout fishing water than one would think. We also have a huge population that puts many fishermen into our rivers. People say that we have an attitude...well buddy, so do our fish !



All fish adapt to their environment, which also includes the hordes of fishermen. I've seen trout feeding, then swim out of the way of a passing fisherman only to return with-in minutes to it's original position and continue to feed. My point, these so called "educated" trout have adjusted to many of the conventional wisdoms that we throw their way .

So the inquisitive fisherman, the person who is not afraid to experiment can (and will) have much success over this/her traditionalist counterparts. Use completely irrational flies, fish extremely slow, keep the fly in the water, resist the urge to cast repeatedly, approach a popular "hole" from the harder, more difficult side of the river, reach under over hanging branches with the tip of the rod; challenge yourself. These tidbits of wisdom have been around for a very long time. Ray Bergman said it 50 years ago, and I'm sure that he just passed along what he heard .

What about tippets and leaders? The diameter and the length of the tippet/leader combination are critical. Extremely small flies float better; that is they float more naturally; with an extremely fine and longer tippet section. I normally use 8x and 9x tippets when fishing midges and the like and I believe that they give me an advantage over the majority of other anglers. Most people fish the same way with the same flies, techniques and terminal gear. Tippet sizes in the diameters that I have stated are NOT part of their standard arsenal thus the fish see something "different", which is a huge advantage in very hard fished waters .

I suppose that there is a need for fluorocarbon materials, but I don't use them mainly because I haven't felt the need to. I have experimented with them and in all truth I didn't notice any difference from them and the normal stuff. The brand of material that I use (Varivas) also manufactures tippets measuring down to 12x! I haven't used that either, I don't have the guts to .

Dressing for winter fishing is simple; dress warm and wear layers of wool or polar fleece. Fingerless gloves are useful (extra pairs are a godsend too). One very important thing, do not dress *tightly*. Clothing that is too restrictive inhibits circulation thus you get colder. That goes threefold for your feet. A thin pair of polyester, nylon type dress socks under a pair of 80 to 100% wool socks is all I use. I've fished for up to four hours, in an ice filled, freezing stream, during February with this clothing arrangement before I needed to move around. Air pockets between the looser layers of fabric will greatly assist you in keeping warm .

Now, let's see...sleep late, fish slowly, dress warm, catch fish, then go home early and eat dinner. Is this fishing or what !

# January Meeting

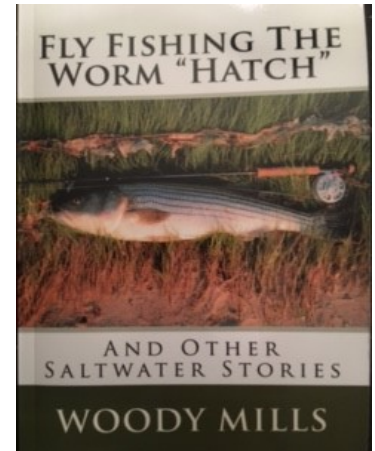
**Wednesday January 10th**

Doors open at 6:00 PM for coffee, raffle, and camaraderie.

Followed by general business, and our featured speaker at 7:00.

Liberty Hall Marstons Mills Address: 2150 Main St, Marstons Mills,

## **Fly Fishing The Worm Hatch**



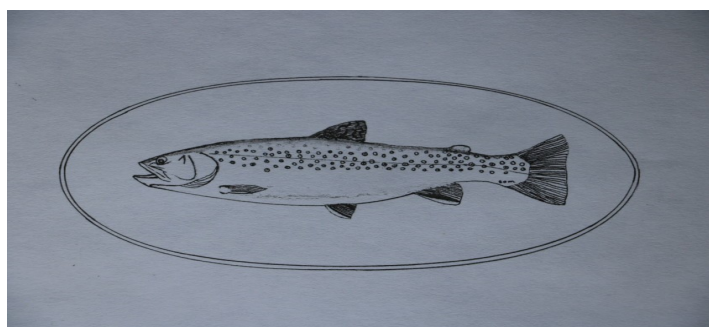
Our own Woody Mills will be the featured speaker at our January meeting. Everything you need to know for fly fishing the worm hatch. When to Find Worm Hatches. Where to Find Worm Hatches. Formulating a Schedule. The Evolution of a Worm Fly. Plus much more.

Woody Mills is a native Cape Codder residing in Mashpee, and was introduced to saltwater fly fishing for striped bass by his father when he was ten years old. Later, in 1965 at the age of sixteen, he caught his first striper using his dad's fly rod during a striper blitz on Waquoit Bay.

While exploring and working on the Cape, he has spent over fifty years surfing and fishing the beaches and waters of Cape Cod and the Islands.

He began his career working as a Sanctuary Director for the Massachusetts Audubon Society in 1973, at the Ashumet Holly and Wildlife Sanctuary in East Falmouth. Woody instituted and led the Cuttyhunk and Elizabeth Islands Tours for nineteen years, from 1985 to 2004. As a naturalist, he led 150 narrated cruises for over 6,000 participants. Now retired; Woody has more time for freelance writing, making up for lost time in fly fishing, fly tying, and kayak fishing.

Woody is the author of; "Fly Fishing The Worm Hatch," and signed copies of his book will be available for purchase after the program.





## December Meeting **Picture** Recap...



## December Meeting additional pictures





# Quashnet River *News*

## 2018 Quashnet River Restoration Dates

January 21

February 18

March 18

April 15

May 20

June 24

July 15

August 19

September 16



December 17 2017 work day crew (Tim Lynch photo)



The following story is an excerpt from my fishing journal, and other miscellaneous mythological musings, collectively known as “Tales from the Catskill Woods.”

by Patrick Sekerak, CCTU life member

## **“Gadabout Gaddis” Barnes**

Fish seem to follow some anglers around no matter where they go. You probably know one of these two-legged fish hawks. It seems every gathering of fly fishers has at least one. Such is the case with one of the long time regular tenants of my good friend Joe Doyle’s Catskill cabin, otherwise known as “Doyle’s Public House.” The upper Delaware River watershed covers an enormous land area, and includes hundreds of miles of main stem rivers, mountain streams, tributary creeks, back eddies, sprawling reservoirs, beaver ponds, and wetland swamps. Most of those miles of streams and acres of stillwaters, I would suggest, have never seen an artificial trout fly, or even been muddied by a wading boot. Many of us head for the same rivers and nearby pools day after day, week after week, season after season. And why not? The best pools produce the best fishing, usually. However, there are exceptions. Sure, I have occasionally resorted to high tailing it up into the headwaters of Willowemoc Creek just to escape the weekend carnival atmosphere of early June’s “bug week” on the lower Beaverkill. My reward is usually a half dozen native ‘jewels’ that if all lined up nose to tail might stretch out to measure 36 inches, sometimes a lot less. But, that escapism mentality is not what I’m talking about here. No, the exception here is the resident fish hawk of “Doyle’s Public House,” Ronald “Gadabout” Barnes from White Plains, New York. Even in our younger, bulletproof, pain-free, sleep deprived years, I have never known an angler who has the seemingly boundless energy and perseverance to cover more territory and river miles while fishing than the wandering Ronnie Barnes. Understand, I’m splitting hairs between time on the water, and distance on the water. My fishing compadre, Jersey Joe Janicki, spends as much time ON the water as anyone. But, JJJ is likely to stay in one pool until midnight and beyond if there is a ‘black spotted barracuda’ rising steadily within reasonable casting distance. Ronnie, on the other hand, might spend the equivalent time covering water spread out over half of New York’s Sullivan and Delaware Counties. Interesting contrast in styles.

Summing up the day's angling events, the late evening conversations at "Doyle's Public House," often in front of a mesmerizing, crackling hardwood fire, can sometimes be very revealing. There are times when we all fish together, especially during major hatches at places like Stadel's Run on the Beaverkill. On those evenings the discussion is focused mostly on technical details like effective patterns, trout reaction, selectivity, leader details, etc., etc. It takes another turn, though, when we all split up and go off in different directions. That changes the conversation. The questions are different: Where did you fish? Crowds? How was the flow? Any bugs? Fish taking them? On top, in the film? Steady risers? What time of day? How long did it last?.....

When you ask "Gadabout" Barnes, the response you are likely to get, more often than not, goes something like this: "I started at Pork Eddy (on the lower Beaverkill) and walked up to Elk Brook Run. Not much goin' on there, so I drove down to the Main Stem and fished the Lordville Riffle, then moved down to Kellams Bridge. On the way back, I stopped at Red Rose and fished down into Trestle Pool."

I glance over at Doyle, toasting in front of the fire like a contented barn cat, and Joe appears exhausted just listening to this itinerary. "The Dutchman" just shakes his head, smiles knowingly, and gets up to build another double Manhattan cocktail. After throwing another log on the fire, I launch the loaded question: "Any fish?" Ronnie replies, "Oh, by late afternoon I had a 15 (inches), two 16's, a 17, and a 19." (a Barnes inside straight draw — have fly rod, will travel.) I avoid discussing my day mostly spent swatting pesky black flies in the high country of the Willowemoc headwaters. I really do enjoy swapping fishing yarns with Ron, especially since we have fished in some of the same destinations, most notably in Maine. But, when he relates some of his exploits in the more remote exotic waters of the world (tarpon in Belize, steelhead in British Columbia, redfish in the Louisiana bayous, northern pike in the Northwest Territories, Labrador brook trout, brown trout on the River Test,...), I quickly run out of common experiences for discussion.

Ron, I consider you to be among my best friends, but as soon as you put on waders and rig up a fly rod, I 'hate' you

## **AL BREWSTER, THIRTY YEARS AGO**

by Bob Golder

The three-year-old Cape Cod Chapter of Trout Unlimited was really hitting its stride in 1987, working on many projects including protection of woodlands bordering the Quashnet River, and development of a Fly Fishing School. The first Fly Fishing School in 1986 was open to young people, but in 1987 it reached out to adults. Al Brewster, of Centerville, was a driving force behind the fly tying portion of the school program, and a mentor to so many of the rest of us in the Cape Cod Chapter. His positive role has been memorialized by the Al Brewster Award, given annually to an individual who has made significant contributions and been active in the Chapter for at least five years.

The first of two photos show Al Brewster tying a Catskill-style dry fly at the second Fly Fishing School held May 22-24, 1987 at YMCA Camp Burgess on Spectacle Pond in South Sandwich. Al was using a Regal Vise with a unique handle design, owned by Mike Arritt, the first president of the Cape Cod Chapter. Watching Al tie were Michael Bourque of Harwichport on the left and Chip Gouger, son of the late Pete Gouger who was Cape Cod TU's first treasurer, on the right.

I was fortunate to fish with Al several times in 1987. We went to Scorton Creek where, in those days, one might catch almost anything, including coho salmon, stocked there by the state before a greater emphasis on supporting native fisheries took hold. I learned the names of all the Scorton pools that Al liked - Helen's Pool, Seifert's Bend, Tommy's Pool, Ernie's Pool (named for Al's son)- and I wonder, thirty years later, whether anyone still uses those names. We also made a couple of trips further east on the Cape that year, hoping to find anadromous white perch, or at least some schoolie stripers.

Although Al tied tiny and exquisite Catskill dries, locally he was best known for one of his own fly designs, the Brewster Demon. This was variously tied as a wet fly, bucktail, or Atlantic salmon fly. The second photo shows two Brewster Demons tied by Al and given to me in 1987. The upper fly, tied on a salmon hook, is unfished. My angling notes show that I fished the other fly for white perch on a trip with Al, on December 18, 1987 - our final fishing trip of the year, just over thirty years ago.



Watching Al tie were Michael Bourque of Harwichport on the left and Chip Gouger, son of the late Pete Gouger who was Cape Cod TU's first treasurer, on the right.





Brewster Demons tied by Al Brewster.



# **Cape Cod Trout Unlimited**

## **2018 Officers and Board Members**

**President: Tim Lynch**

**Vice President: Roberta Mazzoli**

**Treasurer: Charles Orr**

**Secretary: Michael Howard**

**Board Member: Fred Monahan**

**Board Member: David Palmer**

**Board Member: Brett Bokelkamp**

**Board Member: Pat Grenier**

**Board Member: Alan Alai**

**Board Member: Tom Planert**

**Past President: Dan Tobin**



## Fishing Photos



Francis Smith with a Steelhead from a recent trip to the Salmon River, NY. (Photo by Tim Lynch)

### Share a Story with Our Readers:

We are looking to see if some members would want to share a short story of experiences they have had. This can be anything from a couple of paragraphs to a couple of pages. If you have something to share please email it along and it will be included here.

Email to: [ccturollcast4@gmail.com](mailto:ccturollcast4@gmail.com)



# Classifieds

Mint condition Redington Predator fly rod.

9ft, 7wt, 4pc with tube.

\$219 cash & carry.....save \$80

Paul Richards

[striper239@gmail.com](mailto:striper239@gmail.com)

