

THE ROLLCAST

Newsletter of Cape Cod Trout Unlimited

Chapter 460

October 2019

October Speaker and Fly Tying Session

Photos from the Summer

Chapter Updates

Moon Tide

On the WEB: www.capecodtu.com

President's Message – October 2019

In addition to plentiful saltwater fishing opportunities (stripers, albies, bonito, etc), cooler temperatures mean fishing for trout in the numerous and bountiful Cape Cod ponds is upon us as well. We are so lucky to have this at our doorsteps!

Many thanks to those who attended our September Chapter Meeting, which is also our annual BBQ. Twenty-two Chapter members attended to share their summer fishing stories and enjoy a meal prepared by Alan Alai and Mike Howard. Thank you Alan and Mike for volunteering to chair this fun event.

October's Chapter meeting is on October 9th at Liberty Hall and our guest speaker will be Tim Flagler. Tim has presented to the chapter many times and always has some interesting and useful knowledge to share with us.

Other events in October include Kayak Cleanup and the monthly Quashnet Cleanup. Dates, times and locations follow in the body of the Rollcast and on our Website: www.capecodtu.org.

Finally, I would like to thank Jim Henderson for his generous donation of fishing equipment to the Chapter. These items will be included in the raffles and Silent Auction during our April Fundraising Banquet (April 5 at the Dan'l Webster Inn) where the proceeds will go toward continuing the Chapter's Coldwater Conservation mission on the Quashnet, Childs, and other rivers across the state.

Looking forward to seeing you at the October Chapter meeting!

Tight lines,

Roberta (Robbie) Mazzoli



Events

Board meeting:

October 2, 6pm, Liberty Hall, Marstons Mills (2150 Main St, Marstons Mills, MA 02648)

Chapter Meeting:

October 9, 6:30-8pm, Liberty Hall

Speaker: Tim Flagler

Details below

Special Fly Tying Session:

October 9, 4-6pm (Arrive by 3:30 for setup), Liberty Hall

Featuring : Tim Flagler

Cost: \$25 per person

Details below

Quashnet River Restoration Workday:

October 20, 9am-12pm

We'll be meeting at the Martin Road gate at 9:00. Come on down and join the gang as we continue to work to improve the habitat for wild native brook trout in this river. Bring waders, gloves, bug spray, drinking water, etc. The work to preserve wild fish is very important here on Cape Cod! Please join us.



TROUT UNLIMITED

CONSERVING, PROTECTING AND RESTORING NORTH AMERICA'S COLDWATER FISHERIES AND THEIR WATERSHEDS

October Speaker and Special Fly Tying Session:

Tim Flagler will be our October speaker on Euro-Nymphing. Euro-nymphing – from the basics to advanced techniques. Presentation will illustrate how to get started by converting a standard trout rod, say, a 9' 5 weight into a functional Euro-Nymphing set-up and the multiple steps that can be taken after that to produce an advanced outfit. Presentation will cover not only equipment, but flies and on-stream strategies and techniques as well.

We will also be running a fly tying class starting from 4pm to 6pm before the regular meeting. Participants are asked to arrive at 3:30pm to get set up so that we can start promptly at 4pm. Cost of the Class is \$25 and includes pizza and soft drinks. Those interested in taking the class should contact Dan Tobin to reserve a seat 774-353-7066 or tobe72@yahoo.com.

Tim's bio: Tim Flagler is the owner of Tightline Productions, L.L.C., a video production company located in Califon, NJ. Although he produces video programs over a wide range of topics, his specialty is fly fishing. Almost every week he produces a new fly tying or "how to" video which appears not only on his YouTube and Vimeo channels but on Midcurrent and the Orvis fly fishing blog as well. They're also featured on Trout Unlimited's national website and the Orvis Learning Center. Many of the tying videos take the viewer well beyond just the tying of the fly and show what it looks like underwater, what natural it represents and how it can be fished. In addition, Tim's a fixture at the Fly Fishing Shows, giving presentations, teaching classes and often as a Featured Tier. He enjoys guiding year round for Shannon's Fly & Tackle in Califon, NJ. and hosts annual trips to Patagonia in the spring.

Thanks to Dan Tobin for organizing these events.

Ask The Worm Hatch Inspector

Questioner: Do I need to wait for a full moon?

Well, no, not exclusively! Based on the evidence I have seen so far, over a ten-year period, only 20 of the 100 hatches I have found, at 7 different locations, have been influenced by new or full moon tides. Of the 20, only four have taken place on the day of a full moon, and one took place on the day of a new moon. The rest of the fifteen took place from one to four days before or after full or new. So the majority, the other 80, took place during normal high tides.

Here is a scenario to ponder: All full and new moons take place at either noon or midnight. You might not notice this, as all the tide charts are already made for us. They need a starting point, so noon and midnight for Boston, then all other locations key in off of that with plus or minus minutes or hours for your particular location? I am trying to keep things simple, but someone else can perhaps shed more light on this complicated subject? There is still a lot more to learn about worm hatches.

A full moon at noon seems awful early for a worm hatch, but here is one scenario as to how that can happen. In the backwaters the actual high tide with its 2-hour delay takes place at 2 p.m. The marshes have numerous tiny tide pools and there are worms in all of these. The marsh only gets flooded during moon tides, and so this is a chance for worms to escape their confines out of mini and micro tide pools. The tide starts to go out of the flooded marsh after 2 p.m., and worms can escape to any ditches that are adjacent to these tide pools. By 3 p.m., the worms are making their way assisted by the current down the ditches to waiting stripers in the salt ponds. If you were to arrive on the scene at say 3:30 p.m., you might discover this, and by 4 p.m. be actively fly casting to swirling stripers.

Woody Mills,

Worm Hatch Inspector

Materials List for Fly Tying with Tim Flagler, October 9, 2019

4:00 p.m. to 6:00 p.m., Liberty Hall Club, Marstons Mills, MA

Corded Cased Caddis

Hook: Lightning Strike JF2, size 14. Bead:
Gold slotted tungsten bead, 7/64".
Thread: Fluorescent green, UTC 70 Denier.
Abdomen: Hare's ear Antron dubbing.

Light Cahill Wet Fly

Hook: Lightning Strike FM50 85, 2X-long nymph hook, size 14.
Thread: Cream UTC 70 Denier.
Tail: Wood-duck flank feather fibers.
Body: Cream rabbit-fur dubbing.
Hackle: White Soft Hackle Saddle. Wing:
Wood-duck flank feather fibers.

Sulphur Perdigon

Hook: Lightning Strike JF2, size 14.
Bead: Gold slotted tungsten bead, 7/64-inch.
Weight: Lead-free round wire, .020.
Adhesive #1: Superglue.
Thread: Yellow, UTC 70 Denier.
Underbody: Yellow, UTC 70 Denier.
Tails: Wood-duck flank feather fibers.
Rib: Gold Ultra Wire, small.
Body: Golden brown Antron yarn.
Wingcase: Black UV-cure resin (here, Solarez).
Coating: Low-viscosity UV-cure resin (here Solarez Bone Dry).

Squirrel & Herl Bugger

Hook: Lightning Strike SN3, size 8.
Thread: Brown olive, UTC 70 Denier.
Body: Peacock herl.
Tail: Pine squirrel, sculpin olive.
Hackle: Dyed-olive grizzly.

Lance Egan's Red Dart

Hook: Lightning Strike JF2, size 14. Bead:
Gold slotted tungsten bead, 7/64".
Weight: Lead-free round wire, .020.
Adhesive #1: Superglue or Fly Tyer's Z-Ment.
Thread: Red, UTC 70 Denier.
Tails: Red saddle-hackle fibers.
Rib: Pearl Sulky Holoshimmer metallic thread.
Body: Peacock herl.
Collar 1: Brown saddle hackle.
Collar 2: Pink Ice dub.
Adhesive #2: Head cement or Sally Hansen Hard-As-Nails.

Catskills Trip:



Kayak Cleanup Notes From August

Kayak Cleanup at Coonamessett Pond was very successful, Pat Grenier and I pulled lots of beer cans, a few broken beer bottles and foam board, etc., as shown on the photo. Nice Small Mouth Bass were caught as well on a beautiful morning, the nice thing about this pond is that access is not easy and therefore very few people on the pond. The pond is large and with Pat going in on direction and myself going in the other, we had the pond cleared in about 2 hours, so that is good as it shows that 50 people are not needed to do this work successfully. I caught the bass, Pat forgot his fishing pole, later that night Pat caught 10 stripers and I caught 1 in Sandwich, back to normal, but at least I beat Pat as fishing for once, so what if he didn't have a fishing pole!

Tom Planert



September Cookout:



Quashnet River Updates from Francis Smith

On September 15, 2019, Cape Cod Chapter Members, Alan Alai, Tim Lynch, Dan Tobin, Mark Hattman, Charles Orr and Francis Smith, completed the construction of a deflector and installed 4 spawning site trenches filled with the appropriate sized gravel placed above upwelling springs. This enhancement took place in the lower part of the Quashnet River known as Section 8 about 600 feet upstream from Martin Road in Falmouth. Wild brook trout have used previously installed spawning enhancement sites multiple times in the same and successive years. These sites will be monitored this year from mid-October through late December for any activity related to spawning wild brook trout. We also completed a deflector by back filling the deflector log with rock and gravel and capping the device with loam, grass seed and weed filled hay. An additional erosion repair was conducted in Section 4 of the restoration area about 3/4 of a mile upstream from Martin Road. After backfilling behind a log with rock, gravel and sand the repaired area was capped with loam, grass seeded and covered with weed seed infested hay.

Most of the above dates will be geared toward the prerequisite process required to plant around 270 trees in March or April of 2020. These trees were first potted in April of 2017 as part of the restoration effort for that month and they have been repotted twice since. The greatest majority of these trees are 6 feet or taller and are beginning to become pot bound. When they are planted next spring I think they will jump over the first year of a replant which is to sleep. They will immediately creep or even leap and in 10 years they will be 20 feet tall or taller.

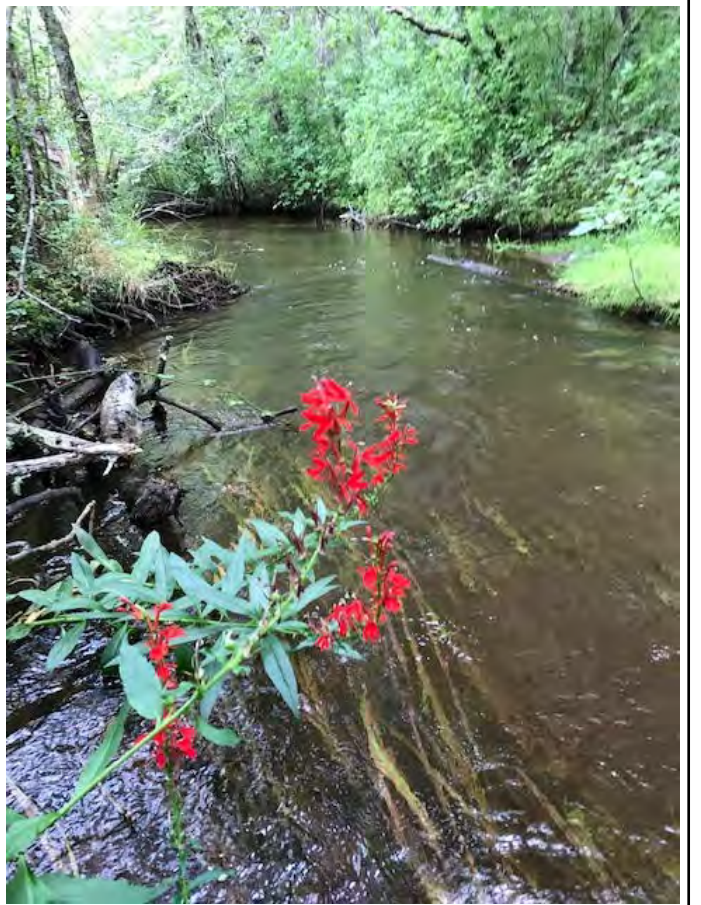
The Quashnet's character is changing very quickly with the top four section completely clear of drifting sand and canopied by very large trees, the middle sections, 5 and 6, with only pockets of drifting sand and large reaches showing a hard gravel bottom. Sections 7 and 8 are the areas where most of the sand in the restoration area needs to migrate downstream. That process will likely take a few more years for the 13,000,000 gallon average flow per day in system to accomplish.

Steve Hurley, Southeast Massachusetts Wildlife District Fisheries Biologist and his crew of Conservation Helpers and the Divisions Cold Water Fisheries Biologist, Adam Kutza, plus Mark Hartman, Tim Lynch and Francis Smith surveyed the Quashnet for a three day period beginning September 16. Steve Hurley ran out of Passive Integrated Transponder (PIT) tags after 2,000 feet of electrofishing! He said "TOO MANY FISH"! The trend has been for the wild brook trout population in The Quashnet River to increase in size year after year. That river also produces the highest growth rates of 'young of the year' brook trout in the state. Now all we need to do is drop the mean summer water temperature in the Quashnet and the river will grow the largest brook trout in the state!

Photos below showing: erosion abatement backfilled with sand, log installed with lots of rock and gravel, Quashnet wild brook trout, various stream sections, some of the volunteers.

Come and help with this effort, there is something to do for everyone!





Cape Cod Trout Unlimited
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Vice President: Alan Alai

Treasurer: Charles Orr

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Board Member: Fred Monahan

Board Member: Tom Planert

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